

Repeat the process for the remaining two electrodes until all electrodes have been installed (See Figure 8).



Figure 8

If you have an app-based device and this is your first time using the CyMedica NMES system, continue to download the appropriate app from the App Store for iOS or Google play for Android and follow the on screen instructions for use.

## Electrode Replacement Instructions

Electrodes must be replaced when they begin to deteriorate or lose adhesion.

Note the orientation of the electrode to be replaced. Detach the electrode from the garment (See Figure 9).



Figure 9

Carefully pull the white wire connected to the electrode out of the garment until the second wire (black, blue, red) is exposed (See Figure 10).



Figure 10

Unplug the electrode wire (See Figure 11).



Figure 11

Discard the used electrode but keep the black electrode cover (See Figure 12).



Figure 12

Replace the discarded electrode by following the **Electrode Placement Instructions** section in this manual.

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## Electrode Placement

### User's Manual

Read this manual carefully before placing or replacing the electrodes on the CyMedica NMES System

Customer Service 1-844-CYM-2014

[www.cymedicaortho.com](http://www.cymedicaortho.com)

CM-0090-021 Rev. B

## Introduction

The CyMedica electrodes are intended to be used with the CyMedica Orthopedics® NMES conductive garment. Refer to the provided NMES User's Manual for Intended Use, Contraindications, Warnings, Precautions, and Adverse Reactions before operating the NMES System.

## Explanation of Symbols



The system is provided Non Sterile



Legal Manufacturer name and address



Reference number; part number



Lot number



Follow instructions for use



Consult instructions for use



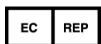
Expiration date



Prescription only (USA)



CE Marking



Authorized Representative

## Electrode Placement Instructions

Electrodes must be placed on the garment in the labeled positions prior to use.

Acquire electrode and electrode cover sets (See Figure 1).



Figure 1

Identify the labeled electrode placement outlines and electrode wiring male connectors on the garment (See Figure 2).

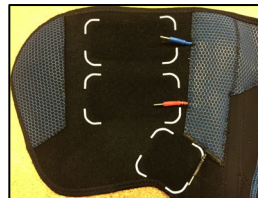


Figure 2

Remove and plug in a new electrode of the same size (2" x 2" or 2" x 3.5") so that the male connector is completely covered (See Figure 3).

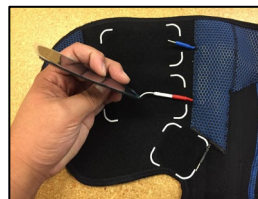


Figure 3

Position the electrode and attach the rough side to the garment within the placement outlines (See Figure 4).



Figure 4

Push electrode wiring back into the garment until connectors and wires are fully inserted (See Figure 5).

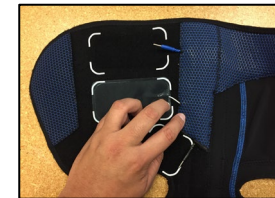


Figure 5

Remove the clear plastic liner from top sticky surface of the electrode and discard (See Figure 6).



Figure 6

Place the reusable electrode cover over the sticky surface of the electrode (See Figure 7).



Figure 7